NEW! Available everyday
Grab & Go boxes, Hot Wings boxes

Secondary

Students **$1.90**
Adults **$3.50**
Extra milk..... **30 cents**

High School: Choice of one item from each category

Date	Meat/Meat Alternate	Vegetables	Fruit	Bread	Milk
Monday 05-06-13	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Ham & cheese on bun	-Chef salad vegetables -French fries -Tossed salad -Green beans	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Hamburger bun	-Low fat -Chocolate low fat -Skim
Tuesday 05-07-13	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Country style steak	-Chef salad vegetables -French fries -Tossed salad -Creamy potatoes -Steamed collards -Carrots	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Whole grain roll	-Low fat -Chocolate low fat -Skim
Wednesday 05-08-13	-Chef salad (2 oz. protein) (1 oz. meat;1 hard-cooked egg) -Pepperoni pizza -Fried or baked chicken	-Chef salad vegetables -French fries -Tossed salad -Blackeye peas -Sweet potato patties	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Brown rice pilaf -Whole grain roll	-Low fat -Chocolate low fat -Skim
Thursday 05-09-13	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Manager's choice	-Chef salad vegetables -French fries -Tossed salad	-Canned fruit -Fresh fruit	-Crackers -Pizza crust	-Low fat -Chocolate low fat -Skim
Friday 05-10-13	-Chef salad (2 oz protein) (1 oz. meat; 1 hard- cooked egg) -Pepperoni pizza -Hot dog on bun	-Chef salad vegetables -French fries -Tossed salad -Baked beans	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Hot dog bun	-Low fat -Chocolate low fat -Skim

300 South Catawba Street, Lancaster SC 29720

LANCASTER COUNTY SCHOOL DISTRICT
Putting our children first