

Middle Schools

Students \$1.80 cents
 Adults \$3.40
 Extra milk 30 cents

Middle School Lunch: February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken or turkey w/noodles 1 1 cup Chef salad/crackers Green peas ½ cup Sliced pears ½ cup Whole wheat roll	Students' choice 2	Pepperoni pizza 3 Chef salad/crackers Tossed salad ½ cup Corn niblets ½ cup Chilled applesauce ¼ cup
Hamburger on bun 6 Chicken fillet on bun Lettuce & tomato Baked potato rounds ½ cup Sliced peaches ½ cup	Beef tips/gravy 3 oz. 7 Sliced turkey/gravy Creamy potatoes ½ cup Green peas ½ cup Sherbert ¼ c. fruit Whole wheat roll	Spaghetti w/meat sauce 1 cup 8 Chef salad/crackers Tossed salad ½ cup Green limas ½ cup Chilled applesauce ½ cup Whole wheat roll	Manager's choice 9	Pepperoni pizza 10 Chef salad/crackers Tossed salad ½ cup Potato smiles (5) ½ cup Mandarin oranges ½ cup
Hot dog on bun 13 BBQ on bun Baked beans ½ cup Creamy coleslaw ½ cup Fruit cocktail ½ cup	Roasted chicken (or) 14 Chicken sticks (5) Rice-vegetable casserole 2/3 cup Green beans ½ cup Pineapple tidbits ½ cup Whole wheat roll	PB&J uncrustable 15 Toasted cheese sandwich Vegetable beef soup 1 cup Sliced peaches ½ cup Cornbread or crackers (8)	Students' choice 16	Pepperoni pizza 17 Chef salad/crackers Tossed salad ½ cup Corn niblets ½ cup Sliced pears ½ cup
Chili con carne w/beans 20 ½ cup Sliced turkey on bun Lettuce & tomato Creamy coleslaw ½ cup Sliced peaches ½ cup Crackers (8)	Corn dog nuggets (6) 21 Chef salad/crackers Macaroni & cheese casserole ½ cup Steamed cabbage ½ cup Sweet potato patties ½ cup	Steak nuggets (8) 22 Fish nuggets (4) or strips (3) Creamy potatoes ½ cup Green beans ½ cup Mandarin oranges ½ cup Whole wheat roll	Manager's choice 23	Pepperoni pizza 24 Chef salad/crackers Tossed salad ½ cup Potato smiles (5) ½ cup Sherbet ½ cup fruit
Hamburger on bun 27 Chicken fillet on bun Lettuce & tomato French fries ½ cup Sliced peaches ½ cup Pickle spears or chips	Meatball sub 28 Chef salad/crackers Baked beans ½ cup Creamy coleslaw ½ cup Fruit cocktail ½ cup	Roasted chicken 29 Chicken sticks (5) Brown rice pilaf ½ cup Orange-glazed carrots ½ cup Sliced pears ½ cup Whole wheat roll	Available everyday Grab & Go boxes Hot Wing boxes Fresh fruit or 100% juice	A variety of milk is served every day.