

NEW! Available everyday
Grab & Go boxes, Hot Wings boxes

Secondary

Students **\$1.80**
 Adults **\$3.40**
 Extra milk..... **30 cents**

High School: Choice of one item from each category

Date	Meat/Meat Alternate	Vegetables	Fruit	Bread	Milk
Monday 02-13-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Hot dog on bun	-Chef salad vegetables -French fries -Tossed salad -Baked beans -Creamy coleslaw	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Hot dog bun	-Low fat -Chocolate low fat -Skim
Tuesday 02-14-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Roasted chicken	-Chef salad vegetables -French fries -Tossed salad -Green beans	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Rice/gravy -Whole wheat roll	-Low fat -Chocolate low fat -Skim
Wednesday 02-15-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Ham & cheese sandwich	-Chef salad vegetables -French fries -Tossed salad -Beef vegetable soup	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Cornbread	-Low fat -Chocolate low fat -Skim
Thursday 02-16-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Students' choice	-Chef salad vegetables -French fries -Tossed salad	-Canned fruit -Fresh fruit	-Crackers -Pizza crust	-Low fat -Chocolate low fat -Skim
Friday 02-17-12	-Chef salad (2 oz protein) (1 oz. meat; 1 hard- cooked egg) -Pepperoni pizza -Meatball sub	-Chef salad vegetables -French fries -Tossed salad -Corn on cob	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Sub roll	-Low fat -Chocolate low fat -Skim

300 South Catawba Street, Lancaster SC 29720

