

**NEW! Available everyday**  
**Grab & Go boxes, Hot Wings boxes**

**Secondary**

Students ..... \$1.80  
 Adults ..... \$3.40  
 Extra milk..... 30 cents

# High School: Choice of one item from each category

Date	Meat/Meat Alternate	Vegetables	Fruit	Bread	Milk
Monday 02-20-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Chili con carne w/beans	-Chef salad vegetables -French fries -Tossed salad -Creamy coleslaw	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Cornbread	-Low fat -Chocolate low fat -Skim
Tuesday 02-21-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Corn dog	-Chef salad vegetables -French fries -Tossed salad -Macaroni & cheese casserole -Sweet potato patties -Steamed cabbage	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Cornbread	-Low fat -Chocolate low fat -Skim
Wednesday 02-22-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Country style steak/gravy	-Chef salad vegetables -French fries -Tossed salad -Creamy potatoes -Green beans	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Whole wheat roll	-Low fat -Chocolate low fat -Skim
Thursday 02-23-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Manager's choice	-Chef salad vegetables -French fries -Tossed salad	-Canned fruit -Fresh fruit	-Crackers -Pizza crust	-Low fat -Chocolate low fat -Skim
Friday 02-24-12	-Chef salad (2 oz protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -BBQ on bun	-Chef salad vegetables -French fries -Tossed salad -Baked beans -Corn on cob	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Hamburger bun	-Low fat -Chocolate low fat -Skim

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