

NEW! Available everyday
 Grab & Go boxes, Hot Wings boxes

Secondary

Students \$1.80
 Adults \$3.40
 Extra milk..... 30 cents

High School: Choice of one item from each category

Date	Meat/Meat Alternate	Vegetables	Fruit	Bread	Milk
Monday 02-27-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Hamburger on bun	-Chef salad vegetables -French fries -Tossed salad -Lettuce & tomato	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Hamburger bun	-Low fat -Chocolate low fat -Skim
Tuesday 02-28-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Spaghetti w/meat sauce	-Chef salad vegetables -French fries -Tossed salad -Green limas	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Roll	-Low fat -Chocolate low fat -Skim
Wednesday 02-29-12	-Chef salad (2 oz. protein) (1 oz. meat; 1 hard-cooked egg) -Pepperoni pizza -Roasted chicken	-Chef salad vegetables -French fries -Tossed salad -Green beans	-Canned fruit -Fresh fruit	-Crackers -Pizza crust -Brown rice pilaf -Whole wheat roll	-Low fat -Chocolate low fat -Skim

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